

Christian Counselling

The Christian Counselling Diploma is the equivalent of a two-year (64 credit) program delivered in an intensive, one-year format. PLBC's counselling programs train caring, healthy, Christ-centered counsellors. Students choose between the intensive diploma (completed in one year) and the BA in Biblical Studies and Counselling (completed in three years). The program blends academics with practical training. Classes are supplemented with hands-on learning. Under careful supervision from a licensed counsellor, students have an opportunity to counsel their peers, be counselled in return, and observe the counsellor-counselee relationships.

"I Found My Passion For Coming Alongside People"

"My time at PLBC was honestly unforgettable. Initially I went into the counselling program to learn more about myself. Here, I found my passion for coming alongside people and reducing barriers to be transformed into fully devoted followers of Jesus."— **JUSTIN WALLER**

Specifics

PURPOSE

The Christian Counselling Diploma, and Biblical Studies Major introduces you to models and theories of counselling practice, integrated with biblical principles for application. This program focuses on how to apply practical counselling skills, how to be the most effective pastor or counsellor you can be, and how to provide helpful outreach to your church and community. The curriculum allows for maximum learning through an experiential process. You may choose to graduate with the one-year diploma or go on to complete an additional 64 credit hours toward a Bachelor of Arts in Counselling.

PROGRAM LENGTH

BACHELOR

133 credit hours
3 years full-time

DIPLOMA

64 credit hours
1 year full-time

PROGRAM DIRECTOR

Angela Lee, MCS, RCC

OBJECTIVES

In addition to meeting the learning goals and objectives required for all degree programs, the Counselling Major will enable graduates to:

- Integrate biblical and theological insights with practical counselling skills for the benefit of the Christian community and its mission.
- Nurture reliance on the Holy Spirit for guidance, wisdom, and clarity while working with people in need.
- Grow in deeper understanding of themselves through skills learned and practically applied.
- Minister from a Christian worldview.
- Understand the student's own limitations and when to refer people in need to counselling professionals with higher credentials.
- Assist members of the Christian community for rites of faith such as marriages and funerals.
- Provide spiritual and moral guidance to members of the Christian community.
- Participate in humanitarian endeavours, social services, and welfare activities.
- Provide consultation services to government and other organizations.

Diploma Requirements

DIPLOMA

(52 credit hours)

In addition to completing the 12 credit-hour core, students in this diploma also take the following:

A. REQUIRED COURSES

(40 credit hours)

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CNS 100 Counselling Orientation (1)
CNS 110 Intro to Psychology (3)
CNS 120 Basic Counselling Skills (3)
CNS 130 Issues and Ethics in Counselling (3)
CNS 221 Theories of Counselling (3)
CNS 240 Abnormal Psychology (3)
CNS 245 Brain & Behavior (3)
CNS 250 Cognitive Behavior Therapy (3)
CNS 305 Trauma and Crisis Counselling (3)
CNS 320 Marriage and Family Counselling (3)
CNS 331 Personality Theories (3)
CNS 341 Lifespan Development (3)
CNS 351 Addictions Counselling (3)
CNS 405 Group Therapy Skills (3)

B. PRACTICUM REQUIREMENTS

(9 credit hours)

CNS 210 Practicum I: Basic Intake and Assessment (3)
CNS 310 Practicum II: Counselling Skills (3)
CNS 410 Practicum III: Advanced Clinical Skills (3)

C. SELF-EXPLORATION REQUIREMENTS

(0 credit hours)

CS 101 Self-Exploration Group I (0)
CS 201 Self-Exploration Group II (0)
CS 301 Self-Exploration Group III (0)

D. CAPSTONE

(3 credit hours)

CNS 490 Integration of Faith and Practice (3)

Diploma Printable Checklist

Bachelor Requirements

BACHELOR

(67 credit hours)

In addition to completing the 66 credit core, students of this major also take the following:

I. BIBLE AND THEOLOGY COURSES

(9 credit hours)

Bible and Theology Electives (9)

This includes Bible, Theology, Biblical Language, or Apologetics courses.

II. MINISTRY DEVELOPMENT COURSES

(49 credit hours)

A. COUNSELLING REQUIREMENTS

(37 credit hours)

CNS 100 Counselling Orientation (1)

CNS 120 Basic Counselling Skills (3)

CNS 130 Issues and Ethics in Counselling (3)

CNS 221 Theories of Counselling (3)

CNS 240 Abnormal Psychology (3)

CNS 245 Brain & Behavior (3)

CNS 250 Cognitive Behavior Therapy (3)

CNS 305 Trauma and Crisis Counselling (3)

CNS 320 Marriage and Family Counselling (3)

CNS 331 Personality Theories (3)

CNS 341 Lifespan Development (3)

CNS 351 Addictions Counselling (3)

CNS 405 Group Therapy Skills (3)

B. PRACTICUM REQUIREMENTS

(9 credit hours)

CNS 210 Practicum I: Basic Intake and Assessment (3)

CNS 310 Practicum II: Counselling Skills (3)

CNS 410 Practicum III: Advanced Clinical Skills (3)

C. SELF-EXPLORATION REQUIREMENTS

(0 credit hours)

CS 101 Self-Exploration Group I (0)

CS 201 Self-Exploration Group II (0)

CS 301 Self-Exploration Group III (0)

D. CAPSTONE

(3 credit hours)

CNS 490 Integration of Faith and Practice (3)

III. OPEN ELECTIVES

(9 credit hours)

[BA Printable Checklist](#)

Tuition Breakdown

This will give you an estimate of costs in your first year. Our 2023/2024 tuition is \$250 per credit hour.

\$21,040

Housing Breakdown

The community at PLBC is a huge part of the student experience.

The cost of dorms is **\$3,650** per semester.

Fee Breakdown

TUITION

- Tuition \$250.00
Per credit hour. Per semester.
- Audit Tuition \$50
Per course. Per semester.
- English Language Immersion Program
\$4850.00
Per semester.

APPLICATION FEES

- Application Fee \$50.00
Canadian and US Students.
- Application Fee For Foreign Students
\$80.00

CAMPUS STUDENT FEE

- Per Semester. Previously listed as separate fees: Fall Retreat. Student Fee. Library Fee.
- For students taking 9 credit hours or more \$450.00
- For students taking 8 credit hours or less \$60.00
Per credit hour.
- Summer Student Fee \$225.00

SPECIFIC FEES

- Fall Retreat Transportation Fee \$45.00
Room and Board \$3250.00

PER SEMESTER:

- Graduation Fee \$150.00
- Late Graduation Fee \$50.00